

CHART A COURSE

Push for quality over quantity

Course Master of dietetics.

In a society where we often eat “more” rather than “well”, those who specialise in helping others with their diet work in many environments.

“Dietetics graduates can work in hospitals, private practice or primary healthcare settings, offering advice that is general or related to a person’s special health conditions,” the program leader at Charles Sturt University, Sue McAlpin, says.

“Graduates can also work in public health and health promotion.”

As the only flexible-delivery course of its kind in Australia, this master of dietetics will appeal to those looking for eligibility to join the Dietitians Association of Australia, or science graduates looking for a change.

“A good dietitian will have a science background and be a good communicator,” McAlpin says. “The art is having the ability to translate the scientific message into something people can relate to and understand, and then work with them on the journey to changing their lifestyle.”

Duration Two years (three sessions a year).

Time Expect to study 20 hours a week.

Where Online – with weeklong residential in Wagga Wagga each session, as well as 20 weeks of practicum hours before graduation.

When Next intake July 2013.

Link csu.edu.au.

SUE WHITE