

CHART A COURSE

Target treatment of eating disorders

Course The Centre for Eating & Dieting Disorders' online learning program for health professionals.

Although it's reasonably well known that eating disorders are common in Australia, what's less known is the challenges of those working to help treat them.

"We have a shortage of specialist treatment services in almost every state, and most health workers report feeling ill-equipped and therefore unwilling to treat these sorts of patients when they present," Sarah Maguire, from the Centre for Eating & Dieting Disorders, says.

The centre has recently made a significant investment in its training program, turning it into an interactive online program with role plays, expert videos, games and quizzes to enhance the learning experience.

The goal is to provide health professionals with enough training to help them identify illnesses early and treat appropriately.

"If caught early, the chance of recovery from an eating disorder is significantly increased," Maguire says.

Duration Five modules; practitioners can choose those that suit them.

Time Each module is awarded 3½ hours of continuing professional development points.

Where Online.

When Continuous enrolment.

Link cedd.org.au.

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